

MENU

Middle School Breakfast

Pricing:
Breakfast: \$2.00
Milk: \$.60

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JANUARY
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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		No School New Years Day ¹	Cheese Omelet with Biscuit ² Or Assorted Cereal w/ Graham Crackers	Fresh Baked Donut ³ Or Assorted Cereal w/ Graham Crackers
Breakfast Sandwich ⁶ Or Assorted Cereal w/ Graham Crackers	Muffin w/ String Cheese ⁷ Or Assorted Cereal w/ Graham Crackers	Breakfast Sandwich ⁸ Or Assorted Cereal w/ Graham Crackers	Waffles ⁹ or Assorted Cereal w/ Graham Crackers	Fresh Baked Donut ¹⁰ Or Assorted Cereal w/ Graham Crackers
Muffin w/ String Cheese ¹³ Or Assorted Cereal w/ Graham Crackers	Breakfast Sandwich ¹⁴ Or Assorted Cereal w/ Graham Crackers	Waffles ¹⁵ or Assorted Cereal w/ Graham Crackers	Fresh Baked Donut ¹⁶ Or Assorted Cereal w/ Graham Crackers s	Breakfast Sandwich ¹⁷ Or Assorted Cereal w/ Graham Crackers
No School ²⁰ MLK Jr Day	Breakfast Sandwich ²¹ Or Assorted Cereal w/ Graham Crackers	Waffles ²² or Assorted Cereal w/ Graham Crackers	Breakfast Sandwich ²³ Or Assorted Cereal w/ Graham Crackers	Fresh Baked Donut ²⁴ Or Assorted Cereal w/ Graham Crackers
Breakfast Sandwich ²⁷ Or Assorted Cereal w/ Graham Crackers	Muffin w/ String Cheese ²⁸ Or Assorted Cereal w/ Graham Crackers	No School ²⁹ Lunar New Year	Waffles ³⁰ or Assorted Cereal w/ Graham Crackers	Fresh Baked Donut ³¹ Or Assorted Cereal w/ Graham Crackers

View Menus Online



Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change.
Notice is posted when available.

All breakfast meals include a fruit, 100% fruit juice, & low-fat white OR flavored milk.

In collaboration with
CAPITAL REGION
BOCES
SHARED FOOD SERVICE PROGRAM

