

**Cornell Cooperative Extension (CCE)** will be visiting each school in the month of December to provide lunchtime education about **potatoes**. CCE will teach students about how potatoes grow, where they grow, and how they are turned into certain foods.

# MENU

**Daily Entrée Options:**  
 PB & J Uncrustables  
 Hummus & Tortilla Chips  
 Rotating Deli Sandwich  
 Yogurt Parfait  
**Pricing:**  
 Lunch: \$3.25  
 Milk: \$.60

DECEMBER

CCE Dates Middle School: 12/17/24

## MIDDLE SCHOOL LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Rotini with Meat Sauce (beef)</b> 2 Garlic Breadstick Seasoned Green Beans Baby Carrots & Dip	<b>Crispy Chicken Sandwich</b> 3 Sweet Potato Fries Yellow Corn Cucumbers & Hummus	<b>Cheesy Breadsticks with Marinara Sauce</b> 4 Breaded Broccoli Bites Fresh Veggie & Dip <b>Choc Chip Cookie</b> <small>National Cookie Day</small>	<b>Chicken Tenders</b> 5 Garlic Texas Toast Pasta Salad Fresh Veggies & Hummus	<b>Cheese Pizza</b> 6 Garden Salad Blue Raspberry Applesauce Cup
<b>Cheeseburger</b> 9 Baked Chips Baby Carrots & Dip Cocoa Brownie Bar	<b>Soft Tacos (1)</b> 10 <small>(LOCAL Kilcoyne seasoned beef, cheese, lettuce)</small> Salsa & Sour Cream Tortilla Chips w/Bean Dip Yellow Corn/Cucumbers & Dip	<b>Macaroni &amp; Cheese</b> 11 Corn Muffin <b>Crunchy Kale Salad</b> <small>Harvest of the Month</small> Warm Cinnamon Apples <small>NY FOOD DAYS</small>	<b>Popcorn Chicken Bites</b> 12 <b>Mozzarella Sticks</b> Marinara Sauce Crinkle Cut French Fries Fresh Veggies & Hummus	<b>Cheese Pizza</b> 13 Garden Salad Vanilla Emoji Grahams
<b>Pizza Crunchers</b> 16 Steamed Broccoli Yogurt Cup Baby Carrots & Dip	<b>French Toast Sticks (w/ local maple syrup)</b> 17 Hash Browns Peach Parfait Cucumbers & Hummus <small>Syrup from Mt. Wind Farms</small>	<b>Chicken Nuggets</b> 18 Garlic Breadstick Emoji French Fries Fresh Veggie & Dip	<b>Tortellini Alfredo with Chicken</b> 19 Garlic Texas Toast Peas & Carrots Fresh Veggies & Hummus	<b>Cheese Pizza</b> 20 Garden Salad Mango Peach Applesauce Cup
<b>No School</b> 23 Winter Break	<b>No School</b> 24 Winter Break	<b>No School</b> 25 Winter Break	<b>No School</b> 26 Winter Break	<b>No School</b> 27 Winter Break
<b>No School</b> 30 Winter Break	<b>No School</b> 31 Winter Break	<div style="background-color: #2e7d32; color: white; padding: 10px; border-radius: 10px;"> <p>-Happy Holidays – See you in 2025</p> </div>		<b>No School</b> 3 Winter Break

View Menus Online



Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change. Notice is posted when available.

All lunch meals include a variety of fresh fruit, vegetables and low-fat white or flavored milk.

In collaboration with  
**CAPITAL REGION BOCES**  
 SHARED FOOD SERVICE PROGRAM



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