Daily Entrée Options:

Salad of the Day

Sandwich of the Day

Hot Grab n Go

Vegetarian Options (offered daily): Veggie Burger, Bistro Box,

PB&J, Falafel Veggie Wrap

BC Blends: Breakfast Sandwiches, Bagels, PB&J, Coffee, Tea

Eagle Snacks: BC Bistro Box, PB & J, Snacks, Drinks

Meal Pricing: Lunch: \$3.50 Milk: \$0.60

NOVEMBER

High School Lunch Manu

		High School Lun	ch wenu	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	31	Cheese or Pepperoni 1 Pizza Caesar Salad Fresh Veggies & Fruit
Bistro Cheeseburger (plain, cheese or bacon) Seasoned Curly Fries Tortellini Pasta Salad Fresh Veggies & Fruit	Loaded Taco Fries (Seasoned Beef, Cheese Sauce) Pico de Gallo & Sour Cream Guacamole, Olives, Jalapenos Corn & Rice Crispy Fresh Veggies & Fruit	BC Breakfast Sunrise Waffles (2) Cheese Omelet Home Fries Sunrise Smoothie	Mac & Cheese Bar w/Pulled Pork Breadstick & Broccoli Fresh Veggies & Fruit	Cheese or Pepperoni Pizza Garden Salad Fresh Veggies & Fruit
Veterans' Day No School	Nachos Supreme (Seasoned Beef, Cheese Sauce) Salsa & Sour Cream Guacamole, Olives, Jalapenos Mexican Street Corn Fresh Veggies & Fruit	Crispy Chicken Tenders with assorted dipping sauces Pesto Parmesan Rotini Fresh Veggie & Fruitono DAYS Yogurt Cup	Roast Chicken Buttery Mashed Potatoes Stuffing, Roll, Green Beans, Gravy Pumpkin Pie Parfait Fresh Veggies & Fruit	Cheese or Pepperoni 15 Pizza Caesar Salad Fresh Veggies & Fruit
Crispy Chicken Sandwich (Special Sauce w/ Pickles) Seasoned Waffle Fries Fresh Veggies & Fruit	BC Gordita (Seasoned Beef & Cheese) Salsa, Sour Cream, Lettuce Spanish Rice & Beans Fresh Veggies & Fruit	Sampler Platter (chicken wings & mozzarella sticks w/ marinara sauce) Seasoned Curly Fries Fresh Veggies & Fruit	Pasta w/ Meatballs Marinara Sauce Garlic Knot Caesar Salad Fresh Veggies & Fruit	Cheese or Pepperoni Pizza Garden Salad Fresh Veggies & Fruit
General Tso Chicken Fried Rice & Dumplings Steamed Broccoli Fresh Veggies & Fruit	Build-Your-Own Burrito Seasoned Beef or Chicken (Cheese, Beans, Lettuce, Guacamole, Salsa, Sour Cream) Spanish Rice Fresh Veggies & Fruit	Thanksgiving Break No School	Thanksgiving Day No School	Thanksgiving Break No School
ew Menus Online		1		



Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change. Notice is posted when available. All lunch meals include a variety of fresh fruit, vegetables and low-fat white or flavored milk.



