


**Pricing:**  
 Breakfast: \$1.75  
 Milk: \$.60

# MENU

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**OCTOBER**  
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## Elementary Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30	Cheese Omelet & Biscuit Or Assorted Cereal w/ Graham Crackers 1	Bagel w/ Cream Cheese Or Assorted Cereal w/ Graham Crackers 2	<b>No School</b> Rosh Hashanah 3	Fresh Baked Donut Or Assorted Cereal w/ Graham Crackers 4
Super Bakery Bread w/ String Cheese Or Assorted Cereal w/ Graham Crackers 7	Cheese Omelet & Biscuit Or Assorted Cereal w/ Graham Crackers 8	Maple Waffle Or Assorted Cereal w/ Graham Crackers 9	Chef's Choice Assorted Cereal w/ Graham Crackers 10	<b>No School</b> Conference Day 11
<b>No School</b> Columbus/Indigenous Peoples Day 14	Cheese Omelet & Biscuit Or Assorted Cereal w/ Graham Crackers 15	Maple Waffle Or Assorted Cereal w/ Graham Crackers 16	Breakfast Sandwich Or Assorted Cereal w/ Graham Crackers 17	Fresh Baked Donut Or Assorted Cereal w/ Graham Crackers 18
Muffin w/ String Cheese Or Assorted Cereal w/ Graham Crackers 21	Cheese Omelet & Biscuit Or Assorted Cereal w/ Graham Crackers 22	Maple Waffle Or Assorted Cereal w/ Graham Crackers 23	Chef's Choice Assorted Cereal w/ Graham Crackers 24	Fresh Baked Donut Or Assorted Cereal w/ Graham Crackers 25
Muffin w/ String Cheese Or Assorted Cereal w/ Graham Crackers 28	Cheese Omelet & Biscuit Or Assorted Cereal w/ Graham Crackers 29	Maple Waffle Or Assorted Cereal w/ Graham Crackers 30	Breakfast Sandwich Or Assorted Cereal w/ Graham Crackers 31	

**View Menus Online**



Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change.  
 Notice is posted when available.

**All breakfast meals include a fruit, 100% fruit juice, & low-fat white OR flavored milk.**

In collaboration with  
**CAPITAL REGION**  
**BOCES**  
 SHARED FOOD SERVICE PROGRAM



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