

**Daily Entrée Options:**

Salad of the Day

Sandwich of the Day

Hot Grab n Go

**Eagle Snacks:** BC Bistro Box, PB & J, Snacks, Drinks

**BC Blends:** BC Bistro Box, Yogurt, Bagels, PB&J, Coffee,

Tea, Snacks

**Meal Pricing:**

Lunch: \$3.50

Milk: \$0.60

# MENU



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**OCTOBER**  
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## High School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30	<b>Taco Salad w/Chips</b> 1 (meat, cheese & lettuce) Salsa Cup & Sour Cream Guacamole, Olives, Jalapenos Yellow Corn Fresh Veggies & Fruit	<b>Crispy Chicken Tenders</b> 2 w/ assorted dipping sauces Waffle Fries & Corn Muffin Fresh Veggie w/Hummus	<b>No School</b> 3 <b>Rosh Hashanah</b>	<b>Cheese or Pepperoni</b> 4 <b>Pizza</b> Garden Salad Fresh Veggies & Fruit
<b>Bistro Cheeseburger</b> 7 (plain, cheese or bacon) Seasoned Curly Fries Tortellini Pasta Salad Fresh Veggies & Fruit	<b>BC Bowl</b> 8 (popcorn chicken, mashed potatoes, gravy, cheese) Corn, Dinner Roll Fresh Veggie Cup w/Hummus	<b>Beef Barbacoa Tacos</b> 9 Sweet Potato Fries Tangy Cucumber Salad Fresh Veggies & Fruit	<b>Gen Tso Chicken</b> 10 Fried Rice & Dumplings Steamed Broccoli Fresh Veggies & Fruit	<b>No School</b> 11 <b>Conference Day</b>
<b>Columbus Indigenous Peoples Day</b> 14 <b>No School</b>	<b>Ultimate Nachos</b> 15 Salsa & Sour Cream Guacamole, Olives, Jalapenos Mexican Street Corn Mango Peach Applesauce	<b>Pulled Pork Quesadilla</b> 16 French Fries <b>Fresh Local Apple</b> Harvest of the Month Fresh Veggies	<b>National Pasta Day!</b> 17 Macaroni & Cheese Bar w/Pulled Pork Breadstick & Broccoli Fresh Veggies & Fruit	<b>Cheese or Pepperoni</b> 18 <b>Pizza</b> Caesar Salad Fresh Veggies & Fruit
<b>Pulled Pork Sandwich</b> 21 Kettle Potato Chips Creamy Coleslaw Fresh Veggie & Fruit	<b>Chicken &amp; Waffles</b> 22 Sweet Potato Fries Apple Parfait Syrup Cup Fresh Veggies & Fruit	<b>Sampler Platter</b> 23 (chick wings & mozz sticks) Pita Chips & Hummus Dip Fresh Veggies & Fruit	<b>Rotini w/Meat Sauce</b> 24 Garlic Texas Toast Peas & Carrots Warm Cinnamon Pear Crumble	<b>Cheese or Pepperoni</b> 25 <b>Pizza</b> Garden Salad Fresh Veggies & Fruit
<b>Crispy Chicken Sandwich</b> 28 Seasoned Waffle Fries Fresh Veggies & Fruit	<b>Buffalo Chicken Dip</b> 29 w/tortilla chips Carrot & Celery Sticks Corn on the Cob Grape Juice Slushie	<b>Tortellini Alfredo with Chicken</b> 30 Garlic Knot Roasted Broccoli Fresh Veggies & Fruit	<b>Burrito Bowl</b> 31 (rice, beans, protein, sides) Salsa & Sour Cream Guacamole, Olives, Jalapenos Halloween Dirt Pudding Cup	1

**View Menus Online**



Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change. Notice is posted when available.

**All lunch meals include a variety of fresh fruit, vegetables and low-fat white or flavored milk.**

